

Update about Home Based Care (HBC)

[TATU Project](#) supports the Home Based Care providers (HBCs), a group of five Tanzanian volunteers who take care of the elderly, people suffering from chronic diseases and people that don't have the means to go to the dispensary. In March, professional nurses from a Belgian nursing school named [CPSI](#), provided a three week training to the HBCs.

The first week, the Belgian nurses accompanied the HBCs when they visited patients. This gave the nurses an idea of the biggest challenges the HBCs face and the conditions they work in.

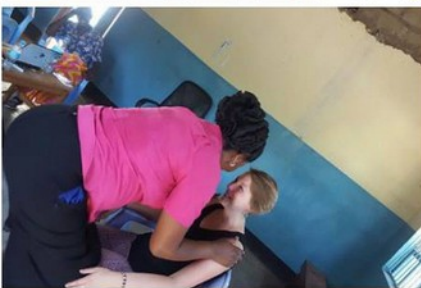
The second week was training week. The HBCs improved their knowledge on how to apply bandages, how to clean and cure wounds, how to manually use a blood pressure machine and much more.

The last week the HBCs showed what they had learned in class during the outreaches, upon which they received a certificate of participation from the CPSI nurses.



HBC providers Herman, Neema, Lightness, Rose and Veronica were very pleased with the training and were very proud to be acknowledged for the great work they are doing. The CPSI nurses will come back next year for a follow up training. This way the HBCs will continue learning and improving.

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SYMPTOMS
HYPOGLYCEMIA
TYPE 1 → LOW LEVEL SUGAR
YOUNG PEOPLE
CHILDREN
TYPE 2 → HIGH LEVEL SUGAR
40-50 YEARS
ELDERLY PEOPLE
HYPERGLYCEMIA

